



# Drop-in Arena Schedule

Children under 7 years must be closely supervised by someone 16+ years.

Helmets are required for ages 12 and under. **Schedules are subject to change without notice. Last updated Dec 19**

## Sunshine Coast Arena

Effective to Dec 24

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				9:00 - 10:30am <b>Senior Drop-in Hockey</b>		
					11:00am -12:30pm <b>Everyone Welcome Skate</b>	
				12:00 - 1:30pm <b>General Drop In Hockey</b>		
	3:30 – 4:45pm <b>Pond Hockey / Stick &amp; Puck</b>		3:30 – 4:45pm <b>Pond Hockey / Stick &amp; Puck</b>	1:45 – 3:15pm <b>Low Cost Parent &amp; Tot Skate</b>		

Effective Dec 25 to Dec 31

Mon Dec 25	Tue Dec 26	Wed Dec 27	Thu Dec 28	Fri Dec 29	Sat Dec 30	Sun Dec 31
<b>CLOSED</b>	<b>CLOSED</b>			9:00 - 10:30am <b>Senior Drop-in Hockey</b>		
					11:00am -12:30pm <b>Everyone Welcome Skate</b>	
		12:00-1:30pm <b>General Drop In Hockey</b>	12:00-1:30pm <b>General Drop In Hockey</b>	12:00-1:30pm <b>General Drop In Hockey</b>		
		1:45 - 3:15pm <b>Everyone Welcome Skate</b>	1:45 - 3:15pm <b>Everyone Welcome Skate</b>	1:45 - 3:15pm <b>Everyone Welcome Skate</b>		2:00-3:30pm <b>Everyone Welcome Skate</b>
		3:30 – 5:00pm <b>Pond Hockey / Stick &amp; Puck</b>	3:30 – 5:00pm <b>Pond Hockey / Stick &amp; Puck</b>	3:30 – 5:00pm <b>Pond Hockey / Stick &amp; Puck</b>		

Drop-in Admissions and Information about Passes: [www.scrd.ca/fees-and-passes](http://www.scrd.ca/fees-and-passes)

	Senior 60+ years	Adult 19 – 59	Teen 13 – 18	Child 0 – 12
Skates / Pond Hockey	\$4.50	\$5.00	\$4.50	\$3.75
Drop-in Hockey	\$7.50	\$8.50	n/a	n/a



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## Sunshine Coast Arena

Effective Jan 1 to 7

Mon Jan 1	Tue Jan 2	Wed Jan 3	Thu Jan 4	Fri Jan 5	Sat Jan 6	Sun Jan 7
CLOSED				9:00 - 10:30am Senior Drop-in Hockey		
					11:00am -12:30pm Everyone Welcome Skate	
		12:00-1:30pm General Drop In Hockey	12:00-1:30pm General Drop In Hockey	12:00-1:30pm General Drop In Hockey		2:00 - 3:30pm Everyone Welcome Skate
	1:45 - 3:15pm Everyone Welcome Skate	1:45 - 3:15pm Everyone Welcome Skate	1:45 - 3:15pm Everyone Welcome Skate	1:45 - 3:15pm Everyone Welcome Skate		
	3:30 – 5:00pm Pond Hockey / Stick & Puck	3:30 – 5:00pm Pond Hockey / Stick & Puck	3:30 – 5:00pm Pond Hockey / Stick & Puck	3:30 – 5:00pm Pond Hockey / Stick & Puck		

Effective Jan 8 to Mar 28, *except statutory holidays*

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				9:00 - 10:30am Senior Drop-in Hockey		
					11:00am -12:30pm Everyone Welcome Skate <i>Cancelled Jan 20</i>	
				12:00-1:30pm General Drop In Hockey		2:00 - 3:30pm Everyone Welcome Skate
	3:30 – 4:45pm Pond Hockey / Stick & Puck		3:30 – 4:45pm Pond Hockey / Stick & Puck	1:45 - 3:15pm Low Coast Parent & Tot Skate		
				7:00-8:15pm <b>Rock &amp; Roll Skate</b> <i>Feb 2 only</i>		

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## MYPASS Activities – Admission is included with your valid MYPASS

White boxes on schedule.

### Everyone Welcome Skate

All ages welcome!

Designed for all ages and abilities. A portion of the ice will be designated with cones for beginner skaters.

### Parent & Tot Skate

Bring your preschooler in for fun on the ice. If there is room you may pass around a sponge puck. Seniors are welcome to join in on this skate.

### Pond Hockey

Ages 5 – 12

A great way to try hockey without full gear in a safe, supervised environment. Helmets, skates and gloves are required. Foam pucks are used for games.

### Stick & Puck

Ages 13+

Same as pond hockey except for those 13 years and older.

### Adult Slow Pace Skate

A skate designed for those who enjoy skating at a leisurely, slower pace.

## Drop-in Hockey

Grey boxes on the schedule

Admission is not included with your MYPASS

\$8.50 for ages 13+ and \$7.50 for ages 60+ years

### Drop-in Hockey

Ages 13+

Get your friends and family together for some good, clean, fun drop-in hockey. No body-checking, no slap shots. Equal ice time for everyone. Full hockey gear is mandatory. Volunteer supervisors are required for each session. Please ask front desk about how to become a volunteer supervisor.

### Senior Drop-in Hockey

Ages 60+

Same guidelines as Drop-in Hockey apply.

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