



Drop-in Swim and Aquatic Fitness Calendar

Children under 7 years must be within arm's reach of an adult.
Schedules are subject to change without notice.

Last updated: Mar 25

Gibsons & District Aquatic Facility						
Effective January 2 to March 31 <i>except statutory holidays.</i>						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
6:30am – 4:30pm *Everyone Welcome Swim	6:30am – 9:00am *Everyone Welcome Swim	6:30am – 1:00pm *Everyone Welcome Swim	6:30am – 9:00am *Everyone Welcome Swim	6:30am – 1:00pm *Everyone Welcome Swim	CLOSED	11:00am – 3:00pm *Everyone Welcome Swim
	9:00 – 9:50am **MYPASS AQUAFIT		9:00 – 9:50am **MYPASS AQUAFIT			
**4:30 – 6:00pm <i>Small pools and hot tub only</i>	10:00 – 1:00pm *Everyone Welcome Swim		10:00 – 1:00pm *Everyone Welcome Swim			
6:00pm – 8:30pm *Everyone Welcome Swim						

Note: *Lane may be available upon request. **Small Pools and Hot Tub available

Admission to Swims:

- Included in your **MYPASS**
- Pay drop-in admission at the facility: Visit www.scrd.ca/drop-in-rates
- www.scrd.ca/recreation

604-885-6801



Drop-in Swim and Aquatic Fitness Calendar

Children under 7 years must be within arm's reach of an adult.
Schedules are subject to change without notice.

Last updated: Mar 25

Gibsons & District Aquatic Facility							
Effective April 1 to June 30 <i>except statutory holidays.</i> <i>Annual Pool Maintenance Closure: July 2 to July 22</i>							
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
6:30am – 4:30pm *Everyone Welcome Swim	6:30am – 9:00am *Everyone Welcome Swim	6:30am – 1:00pm *Everyone Welcome Swim	6:30am – 9:00am *Everyone Welcome Swim	6:30am – 1:00pm *Everyone Welcome Swim	CLOSED		
	9:00 – 9:50am **MYPASS AQUAFIT		9:00 – 9:50am **MYPASS AQUAFIT				11:00am – 3:00pm *Everyone Welcome Swim
**4:30 – 6:00pm <i>Small pools and hot tub only</i>	10:00 – 1:00pm *Everyone Welcome Swim		10:00 – 1:00pm *Everyone Welcome Swim				
6:00pm – 8:30pm *Everyone Welcome Swim							

Note: *Lane may be available upon request. **Small Pools and Hot Tub available. **Note: Swim lessons Mondays & Fridays – Apr 4 – May 30**

Everyone Welcome Swim

Fun for all ages! At least one lane is available for length swimming during this time. Other water features may be available. Children under 7 years must be within arm's reach of someone 16+ years.

Aquatic Fitness Drop-in

Aquafit

For ages 13+ years

Exercising in water provides a full body workout with a focus on core stability and strength, enhanced cardiovascular training, muscle strength and endurance and flexibility. The magic properties of water create an environment that is accommodating to any fitness level. You are welcome to stay in shallow/chest deep water if you would prefer.

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