

## Food Waste Only

### Food waste goes in a designated bin

(Some items can also be composted at home)



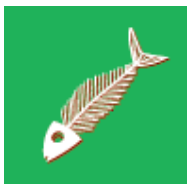
Uneaten food  
and plate  
scrapings

**Food  
Waste**



Paper tea bags  
Tea leaves  
Coffee  
grounds  
Coffee filters

**Tea & Coffee  
Grounds**



Fish  
Bones  
Soft shells  
from lobster,  
crab or shrimp

**Fish**



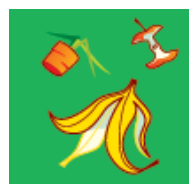
Food soiled:  
paper towels,  
plates,  
napkins,  
cardboard or  
newspaper

**Food Soiled  
Paper**



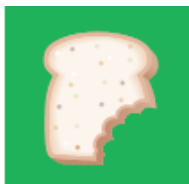
Dairy  
products  
Cheese  
Eggs/shells

**Dairy**



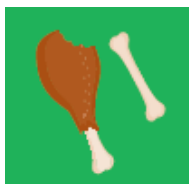
Raw or  
cooked  
vegetables  
Whole fruit  
peelings

**Fruit and  
Vegetables**



Bread  
Cakes  
Pastries

**Bread and  
Pastries**



Raw meat  
Cooked meat  
Bones

**Meat and  
Bones**



Compostable bags that are BPI certified can be used as a bin liner. Bags with this certification (see left) are sold at many local retailers. You can also use paper.

## Garbage Only

### Keep these out of food waste:

Garbage

Vacuum contents, dryer lint

Hair

Kleenex, facial tissues

Pet waste

Elastics

Staples

Twist ties

Produce stickers

Hard shells from clams or oysters

Chopsticks

Plastic wrap – if dirty

Tin foil – if dirty, recycle if clean

Bread clips - plastic  
(Paper are recyclable)

Meat absorbent pads

Liquids

Coffee pods – all brands

Plastic bags

Biodegradable bags that are not  
BPI certified

## Recycle at a depot

### What is accepted at the depot has not changed.

Paper, cardboard, metal, plastic  
containers and packaging are still  
accepted at a recycling depot.



For a full list of items and any  
updates, visit:

[www.recyclebc.ca/what-can-i-recycle](http://www.recyclebc.ca/what-can-i-recycle)

### Recyclable on the coast

Check [rcbc.ca/recyclepedia](http://rcbc.ca/recyclepedia)

Yard or garden green waste

Wood Waste

Large appliances (ex. stove)

Scrap metal

Tires

Mattresses

### HELPFUL TIPS:



Newspaper can be used to wrap  
food waste, but the rest of the  
newspaper should be recycled at  
a depot, not placed in food bin.



Did food go bad?

- Empty food into food bin
- Rinse and recycle the plastic  
or metal package it came in.

Not on the list? Check with  
[www.rcbc.ca](http://www.rcbc.ca) or 604-Recycle

